

Bear Tracks

October 26th - 30th

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| <p>Breakfast Menu <i>Free til Dec. 31st or until funding is exhausted.</i></p> | <p>Monday – Pancakes / Bagel & cream cheese/ choice of Fat free chocolate milk or apple juice Tuesday - Sausage breakfast pizza/ Parfait/ choice of 1% milk or apple juice Thursday – French toast sticks/ Parfait/ choice of 1% milk or apple juice Friday – Ham & breakfast sandwich choice of fat free chocolate milk or apple juice</p> |
| <p>Lunch Menu <i>Free til Dec. 31st or until funding is exhausted.</i></p> | <p>Monday – Blue berries & yogurt parfait w/ granola & cheese cubes/ Cheeseburger/ meal includes baked fries & choice of fat free chocolate milk Tuesday – Italian sub (ham, turkey & pepperoni)/ Grilled cheese sandwich/ meal includes fruit, vegetable & 1% milk Thursday - Turkey & cheese sub/ Grilled ham & cheese sandwich/ meal includes fruit, vegetable & 1% milk Friday – Ham & cheese sub/ Chicken quesadilla/ meal includes baked tater tots w/ fat free chocolate milk</p> |
| <p>Meal Info</p> | <p>We will provide an off-campus meal service for all students learning remotely. The meals cost the same as our in-school meal service and can be ordered online for pick-up. Please visit asd20.org for more information and to complete an order form. Please note, there will be a deadline each week for ordering.</p> |
| <p>Important Information</p> | <p>If student needs to be picked up early, please have parent notify attendance by 1:00 pm, any time after that please know that the attendance office will do it’s very best to have student ready but cannot guarantee on time student readiness.</p> |
| <p>Yearbook</p> | <p><u>YEARBOOKS on Sale Now!</u></p> <p>Where were you during the pandemic? That will be the question of the future! These are unique times your kids will want to remember forever. We are in the process of creating a piece of history for our students through our yearbook.</p> <p>For only \$35 (\$40 after Jan 1,) your child will have a book that will be enjoyed now and 20, 30 or even 50 years from now.</p> <p>This year, our yearbook will be available to purchase online with a credit card, debit card or PayPal at yearbookforever.com (search for Mountain Ridge Middle School in Colorado Springs.) Order now to get your piece of history.</p> <p><u>Students Send in Your Pictures!</u></p> <p>The yearbook staff is working on putting together this year’s yearbook and we need your help. Because of cohorting, we are unable to take pictures as usual, so we are relying on you to help us. Send us pictures of you and friends; you with your family; any activities, hobbies, sports you have been doing from home; walking your dog, jumping on trampolines, taking hikes, etc. Any pictures you can think of that will help us show what 2020 has been all about.</p> <p>You can send pictures by emailing them to Mrs. Henkel at debra.henkel@asd20.org or upload them to the yearbook link in your Mountain Time classroom.</p> |

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| Sports | Fall Season 2 starts Oct. 26 th – Dec. 11 th for Cross Country & Golf. Registrations for both sports will begin on Monday October, 19 th and will be on the MRMS website. If your student participated in either of these sports they do not need to fill out another registration form. Just email Kim McClendon at Kimberly.mcclendon@asd20.org and let her know that they will be participating again in Season 2. |
| Fundraising | KING Soopers Community Rewards Program http://www.kingsooperscommunityrewards.com/ Sign in on your computer or phone and choose. Enroll Now! Look up Mountain Ridge Middle School or code YY553 A portion of all your purchases will be donated to Mountain Ridge Middle School just by swiping your King Sooper Card at the register when you check out. |